

# BISHOP OWES HEALTH AND LIFE TO PE-RU-NA.

Ministers of All Denominations Join in Recommending Pe-ru-na to the People.

Public speaking especially exposes the throat and bronchial tubes to catarrhal affections.

Breathing the air of crowded assemblies, and the necessary exposure to night air, which many preachers must face, makes catarrh especially prevalent among their class.

Pe-ru-na has become justly popular among them.



BISHOP L. H. HALSEY.



## The Friends of Pe-ru-na.

Despite the prejudices of the medical profession against proprietary medicines, the clergy have always maintained a strong confidence and friendship for Pe-ru-na.

They have discovered by personal experience that Pe-ru-na does all that is claimed for it.

### The Bishop's Strong Tribute to Pe-ru-na.

L. H. Halsey, Bishop C. M. E. Church, Atlanta, Ga., writes: "I have found Pe-ru-na to be a great remedy for catarrh. I have suffered with this terrible disease for more than twenty years, until since I have been using Pe-ru-na, which has relieved me of the trouble. "I have tried many remedies and spent a great deal of hard-earned money for them, but I found nothing so effective in the cure of catarrh as the great medicine, Pe-ru-na. "I feel sure that Pe-ru-na is not only a triumph of medical science, but it is also a blessing to suffering humanity. "Every individual who suffers with respiratory diseases will find Pe-ru-na a magnificent and sovereign remedy."—L. H. Halsey, Bp. C. M. E. Church.

Pe-ru-na is the most prompt and sure remedy for catarrh that can be taken. Many a preacher has been able to meet his engagements only because he keeps on hand a bottle of Pe-ru-na, ready to meet any emergency that may arise.

We have on file many letters of recommendation like the one given above. We can give our readers only a slight glimpse of the vast number of grateful letters Dr. Hartman is constantly receiving, in praise of his famous catarrh remedy, Pe-ru-na.

**10,000 Plants for 15c.**

More gardens and farms are planted to Salzer's Seeds than any other in America. There is reason for this. We own over 5,000 acres for the production of our warranted seeds. In order to induce you to try them, we make you the following sure-guaranteed offer:

**For 15 Cents Postpaid**

1000 Early, Medium and Late Cabbages,  
2000 Free Leaf Turnips,  
2000 Blanching Celery,  
2000 Kidney Beans,  
2000 Splendid Tomatoes,  
1000 Early and Late Peas,  
1000 Gloriously Brilliant Flowers.

Above seven packages contain sufficient seed to grow 10,000 plants, furnishing bushels of brilliant flowers and lots and lots of choice vegetables, together with our great catalog, telling all about flowers, roses, small fruits, etc., all for 15c in stamps and cash notes.

Big 100-page catalog alone, 5c.

**JOHN A. SALZER SEED CO.,**  
A. C. L. La Crosse, Wis.

## LAZY LIVER

"I find Cascarets so good that I would not be without them. I was troubled a great deal with lazy liver and headache. Now since taking Cascarets Candy Cathartic I feel very much better. I shall certainly recommend them to my friends as the best medicine I have ever seen." Anna Barinet, Osborn Mill No. 2, Fall River, Mass.



Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sickens, Weakens or Grips. 10c. 25c. 50c. Never sold in bulk. The genuine tablet stamped C. C. C. Guaranteed to cure or your money back.

Sterling Remedy Co., Chicago or N.Y. for ANNUAL SALE, TEN MILLION BOXES

## CORN FIELDS ARE GOLD FIELDS

to the farmer who understands how to feed his crops. Fertilizers for Corn must contain at least 7 per cent. actual

## Potash

Send for our books—they tell why Potash is as necessary to plant life as sun and rain; sent free, if you ask. Write to-day.

GERMAN KALI WORKS  
New York—93 Nassau Street, or  
Atlanta, Ga.—224 South Street St.

If afflicted with weak eyes, use

## Thompson's Eye Water

## Field Seeds

Country merchants and farmers can save 10 to 25 per cent by writing the Nashville Produce Co., Nashville, Tenn., for special cash prices. We only strictly cash deal seed house in the South. Write today.

NASHVILLE PRODUCE CO., J. J. ODIL, Manager.

## THE GREAT DESTROYER

SOME STARTLING FACTS ABOUT THE VICE OF INTEMPERANCE.

The Latest News in Life Insurance Circles is Astonishing the Tipplers—Death Rate Among Moderate Drinkers Much Larger Than Among Abstainers.

The Boston Herald, under the editorial head "Favoring Total Abstainers," says: "If the insurance companies decide to favor the total abstainer, it will be pretty strong proof that their investigations have led them to the conclusion that even the moderate use of alcohol is not conducive to long life. If this step is taken by the insurance companies it will unquestionably prove a very strong temperance, or rather total abstinence, argument. In many lines of industry the total abstainer is now given special advantages. \* \* \* There will be few temperance arguments more eloquent to the average man than the assurance that he may receive a better rating from the insurance companies if he is a total abstainer than if he is an occasional user of alcohol."

"The New York Tribune states that a number of actuaries and medical directors have been working on the statistics for some years, and have come to the conclusion that those who refrain entirely from the use of alcohol live longer by from twenty to fifty per cent. than do moderate drinkers as a class. \* \* \* Even if the minimum named was the maximum in reality it would justify the companies in taking the temperance factor into consideration. \* \* \* The average life expectancy of a man twenty per cent. longer than the average than do those who indulge in a moderate use of alcohol, that fact should be taken into consideration in figuring the risk of insurance on either class."

The Kansas City Journal, under the caption "Alcohol as Food," says: "Medical science has reached the conclusion that it is useless if not injurious to take alcohol even for its possible food elements. Any scientific view has been received with a general approval in the world. The big life insurance companies are about to give special low rates for life insurance to those who are total abstainers in the matter of spirituous and malt beverages. The temperance approval of this matter without prejudice as it is merely a matter of dollars and cents with them."

The New York American, in commenting on the latest bulletin of the life insurance societies, says: "The following testimony of Dr. Shady, the famous practitioner who was General Grant's physician throughout his last illness:

"Dr. George F. Shady voiced the sentiment of a score of prominent physicians when he said in speaking of the new insurance policy:

"I think it is a good and just plan, and the liberality of insurance companies to non-drinkers will be a profitable arrangement. That reduced rates should be given on the lives of total abstainers can be amply shown. No figures are necessary to tell of the higher percentage of deaths among people addicted to the use of liquors. It is simply a matter of daily observation."

"The extent to which drink shortens life will be a matter for delicate adjustment. It must, of course, depend upon the amount of liquor taken into the system. The moderate drinker of to-day may become the immoderate drinker of to-morrow. There are all sorts of things which must enter into the calculations of the insurance companies and to arrive at a proper reduction will require some very deft figuring."

"The proposed new policy, it is said, will contain many safeguards to protect the company against fraud on the part of the policy holder and against any fall from excess after the policy is issued." These details are still under consideration."

### Alarming German Comparison.

The commission appointed by Kaiser Wilhelm to look into the drinking habit of his subjects reports that the German people consume alcoholic liquors to the value of \$750,000,000 in the course of one year; that the portion of income spent by the Germans for drink on the average is one-eighth of all they earn. The average income of a grown up German is said to be \$100 per annum. The commission, by comparing, found that the German people's drink bill is four times as high as the State's total income from duties and food and drink taxes, it is eleven times as high as the entire budget of the post and telegraph, twenty-one times as high as the cost of old age insurance, thirty times as high as the amount of fire insurance in the Empire, 1000 times as high as the cost of caring for the poor, and considerably more than is spent by the Government to sustain its immense army and navy.

### Increase of Women Drunkards.

The figures relating to deaths resulting from alcoholic excess in the decade ending with the last century are appalling. The number of such deaths among women in 1900 was more than double the number in 1891, and the increase is far greater than in the case of deaths of males. The figures given in the annual report of the Registrar-General show conclusively that drunkenness, especially among women, has markedly increased during the past twenty years. They are as follows:

	Females—England and Wales.	1891.	1900.
Alcoholism, delirium tremens .....	740	1,575	1,111
Males:			
Alcoholism, delirium tremens .....	1,327	2,063	1,673

Compared with the number of deaths from these causes among women in 1883, which was 397, the figure for 1900 is all the more striking.

### Women Victims.

Cirrhosis of the liver, which is induced by alcoholic excess, accounted for the deaths of 1337 women in England in 1883, 2112 in 1900 and 1770 in 1902. In Ireland a similar state of affairs prevails. The report of the registrar-general just issued shows that in 1891 nineteen women died from delirium tremens and chronic alcoholism, and in 1900 this number had increased to forty-one, an increase, as in this country, of over 100 per cent. The deaths of males, on the other hand, from the same cause had increased only from 112 to 140.

### Demanding Total Abstinence.

Railways, manufacturers and others are demanding total abstinence from all who enter their service. The day may come when the voice of public sentiment will call for the same requirement in those who are entrusted with the responsibility of controlling the National forces. If such self-denial is reasonable and salutary in great private enterprises, why should not the same rule hold good when the lives of vast numbers and the safety and honor of the country are at stake?—The Rev. D. Stuart Dodge.

### The Crusade in Brief.

The drunken chauffeur is a class apart for whom there should be special and drastic legislation.

The drunken chauffeur adds a new terror to life. The automobile in the hands of a sober chauffeur is bad enough.

Representative Baker, of New York, is a total abstainer, and does not hesitate to say a word for temperance whenever occasion offers.

In Camden, N. J., three citizens counted 235 men going into a corner saloon one Sabbath between 7 a. m. and 5 p. m. It is needless to ask why the men are not in the churches.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, \$2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 591 Arch St., Phila., Pa.

There are 12,520 boys and 4059 girls in the industrial schools of Great Britain.

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c.

Ants are the most brainy of all creatures in proportion to size.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

The town of Charlottsburg, near Berlin, has an open-air school.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

The sale of automobiles in Russia is growing rapidly.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding or Itching Piles. Druggists will refund money if Piso Ointment fails to cure in 6 to 14 days. 50c.

A piece of lancewood an inch square will stand a strain of 2000 pounds.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. Sold by all druggists, \$1. Mail orders promptly filled by Dr. E. Detchem, Crawfordsville, Ind.

There are 44,000 hotels in the United States.

## GRATEFUL TO CUTICURA

For Instant Relief and Speedy Cure of Raw and Scaly Humors, Itching Day and Night—Suffered For Months.

"I wish you would publish this letter so that others suffering as I have may be helped. For months awful sores covered my face and neck, scabs forming, itching terribly day and night, breaking open, and running blood and matter. I had tried many remedies, but was growing worse, when I started with Cuticura. The first application gave me instant relief, and when I had used two cakes of Cuticura Soap and three boxes of Cuticura Ointment, I was completely cured. (Signed) Miss Nellie Vander Wiele, Lakeside, N.Y."

### Macaroni Wheat.

Salzer's strain of this Wheat is the kind which laughs at droughts and the elements and positively mocks Black Rust, that terrible scourge.

It's sure of yielding 80 bushels of finest Wheat the sun shines on per acre on good Ill., Ia., Mich., Wis., O., Pa., Mo., Neb. lands and 40 to 60 bushels on arid lands. No rust, no insects, no failure. Catalog tells all about it.



JUST SEND 10c AND THIS NOTICE

to the John A. Salzer Seed Co., La Crosse, Wis., and they will send you free a sample of this Wheat and other farm seeds, together with their great catalog, worth \$100.00 to any wide-awake farmer. [A. C. L.]

Seven of the greatest mountains have never been climbed.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circular and testimonials. Address F. J. CHENEY & Co., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

There are 293 miles of railway in the Conzo Free State.

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c., 50c. and \$1.00 per bottle.

## Women in Our Hospitals

Appalling Increase in the Number of Operations Performed Each Year—How Women May Avoid Them.



Going through the hospitals in our large cities one is surprised to find such a large proportion of the patients lying on those snow-white beds women and girls, who are either awaiting or recovering from serious operations.

Why should this be the case? Simply because they have neglected themselves. Ovarian and womb troubles are certainly on the increase among the women of this country—they creep upon them unawares, but every one of those patients in the hospital beds had plenty of warning in that bearing-down feeling, pain at left or right of the womb, nervous exhaustion, pain in the small of the back, leucorrhoea, dizziness, flatulency, displacements of the womb or irregularities. All of these symptoms are indications of an unhealthy condition of the ovaries or womb, and if not heeded the penalty has to be paid by a dangerous operation. When these symptoms manifest themselves, do not drag along until you are obliged to go to the hospital and submit to an operation—but remember that Lydia E. Pinkham's Vegetable Compound has saved thousands of women from surgical operations.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, lassitude, excitability, irritability, nervousness, etc., etc., they need a remedy.

Lydia E. Pinkham's Vegetable Compound succeeds where others fail.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

**WINCHESTER**

**Take-Down Repeating Shotguns**

Don't spend from \$50 to \$200 for a gun, when for so much less money you can buy a Winchester Take-Down Repeating Shotgun, which will outshoot and outlast the highest-priced double-barreled gun, besides being as safe, reliable and handy. Your dealer can show you one. They are sold everywhere.

FREE: Our 160-Page Illustrated Catalogue.

WINCHESTER REPEATING ARMS CO. NEW HAVEN, CONN.

**John White & Co.**  
LOUISVILLE, KY.  
Established 1837  
Highest market price  
paid for  
**FURS**  
and  
**Hides.**  
We are  
Commission.

**Pick Your Premium**

**Your Choice of 56 Valuable Articles**

is offered for the freight-car coupons on Good Luck Baking Powder can labels. Besides beautiful pieces of jewelry, the list includes attractive articles of wearing apparel and handsome things for the house. You can get them easily and quickly—and you'll be surprised at their value. Five of the premiums are illustrated above. For full description and pictures of the whole list see the Little Good Luck Premium Book in each can. The positive purity, the perfect wholesomeness of

**GOOD LUCK Baking Powder**

make it the most widely chosen of all leavening agents. During this year 16,145,114 pounds have been sold (many orders coming in for car-load shipments), which is the largest business for a single factory in the world. This is only the inevitable result of the original Good Luck plan—to furnish the best baking powder in the world at the lowest price—10 cents a pound. Good Luck is the best because it is purest, because it produces the lightest, whitest, sweetest of baking. These results are due to its unequalled leavening force, to the fact that it contains no adulteration whatever. It is the most economical because it takes less to do the work than any other baking powder. If your dealer doesn't sell Good Luck let us know, and we'll see that you are supplied at once.

**THE SOUTHERN MFG. CO., Richmond, Va.**

IN CUTTING OUT COUPON FOLLOW THIS LINE

Solid Carload **GOOD LUCK BAKING POWDER**

CUT OUT THIS CAR AND SAVE IT. THEY ARE GOOD FOR VALUABLE ARTICLES. SEE LIST IN EACH CAN. Address: THE DEPARTMENT STORE OF THE SOUTHERN MFG. CO. DRAWER 651 RICHMOND VA. U.S.A.

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This is the Coupon found on each can.

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer or we will send post paid at 10c a package. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Cantonville, Mo.